



# SUMMER in the PSALMS

August 13, 2023

## THE LORD IS MY LIGHT

### || Group Discussion Guide ||

1

Verse 1 is the only place in the Old Testament that the Lord is directly called “light.” However, light imagery is associated with God in many places in scripture--what are some examples? What are the various reasons for the psalmist to call the Lord his light?

2

In what way have you experienced the Lord as your light?

3

The one thing that the psalmist desires is to “dwell in the house of the Lord all the days of [his] life” (v. 4). What does it mean to dwell in the house of the Lord? Is this the same sentiment expressed in Psalm 26 when the psalmist declares “I love the habitation of your house” (v. 8)?

4

Do you have a “one thing” you have asked of the Lord (v. 4)? Does it resemble the psalmist’s desire to dwell in the house of the Lord?

5

What does it mean to “seek [the Lord’s] face”(v.8)? (cf. 2 Ch. 7:14, 2 Ch. 20:3, Ps. 24:6, Hos. 5:15). What does it mean for the Lord to “hide” his face (v.9)? (cf. Deu. 31:18, Ps. 13:1, Ps. 104:29, Mic. 3:4).

6

Much of this psalm is about cultivating a focus on the Lord. What does this focus look like in your life? How do you intentionally seek his face?

7

What does it mean to “wait for the Lord”? Why is it repeated here with “be strong and let your heart take courage” in between?

8

Have you had an experience in which you have had to wait on the Lord? What does it look like to wait on the Lord in everyday life?

