



Starting Point Family Discussion Guide

Week 2: SPIRITUAL FORMATION

Introduction: Read Romans 12:1-2 together.

What do you think it means to “present our bodies as a living sacrifice”? What do you think it means that God “transforms” us? Let’s learn a little bit more about how God transforms our lives and our mission for Him.

Discussion: Read 1 Peter 2:9-12 together.

This verse tells us that we are a chosen race/people. What do you think it means to be “chosen”? (If kids need more prompting, ask what are some ways that they might be picked for a game, a job, etc.?) The verse also tells us that through our actions they may glorify God. What actions that we do can point others back to God?

Being chosen means that we are different from the rest, almost like we are special. We are different once we ask Jesus to be our Savior and live in our hearts. We are no longer like the “world” (those not saved), but we are like God, which we learned last week that we are made in His image. What are some ways that we set apart or different from those around us who do not know Jesus? Being different/set apart means that we act differently, because we love Jesus and believe in Him we want to be like Him, and obey what He says. What are some ways that we can obey Jesus every day? (Once again use this opportunity to talk with your child/children about obeying Jesus and trusting in Him).

Being a chosen race/people also means that we are being watched by those around us. Who are some people that could be watching us? Read Matthew 5:14-16 together. We see that we are to be a light to those around us, so they can see us and give glory to God in Heaven. Do we cover a light up or do we let it shine? In the same way, we ourselves are to be lights for Jesus to those around us, so that they can see God through us and what we do. Being chosen means that we live in the image of God, and we point others to Christ in the things that we do everyday. If you do not have a relationship with God, this week I want you to think about whether you would like to have a relationship with Him. If you already have a relationship with Him, think about ways that you can shine for Jesus this week.

Application: The Bible tells us that we are chosen, we are the light to the world and others are watching us. How does this impact our actions to those around us (friends, classmates, people we don’t like)? What is one thing we can do as a family to be the light of Jesus in our community this week?

Memorize: As a family, memorize Matthew 5:14 together. Here is a link to a song that can help memorize this verse: [Matthew 5:14](#)

Activity: Parents, this week you worked through a chart dealing with spirit formation that deals with the heart, head and hands. Encourage your child/children to give you examples of the heart and hands section of this chart. When dealing with the head section encourage your children/child to read the verse out loud or explain what they believe it means. During the week encourage your child to be a light for Jesus.